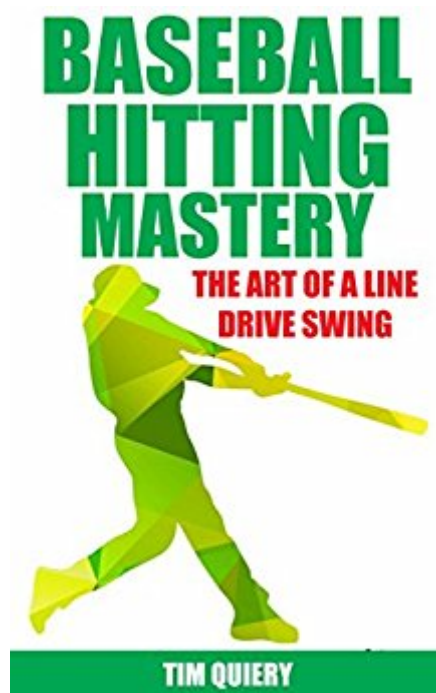




The book was found

Baseball Hitting Mastery: Art Of The Line Drive Swing (Baseball Book, Baseball Hitting Mechanics, Baseball Hitting Drills, Baseball Swing)



Synopsis

Game Time! Are You Prepared To Hit or Will The Moment Overwhelm You? You have been sitting the bench for eight innings, waiting for your opportunity to show coach your skills at the plate. With a tie game during the final inning, coach spits out his sunflower seeds and looks your direction: "Grab a bat, you are hitting next!" • A wave of excitement strikes: finally, a moment to compete. The player in the starting lineup (the player who coach chose to start over you today) had a difficult couple of games in a row. Now, coach has given you the opportunity to play. The pressure begins to mount. A big hit in this at-bat could lead to your joining the starting lineup next game. Most importantly, today's game is on the line and the team needs a victory. After the initial wave of pressure and excitement, you regain your mental focus. You are strong minded, mentally prepared for the opportunity. You analyze the competing pitcher while warming up in the batting box. Finally, with the winning run on second base, two outs, you step to the plate. Are you ready to compete or will the moment overwhelm you? This is the book that GETS REAL about hitting. No fluff. No smoke. Have the right approach and be the hitter you want to be. **Baseball Hitting Mastery Will Teach You How To Hit Line Drives!** Learn How to Hit Line Drives in 4 Phases... 1) Find Balance and Rhythm Pre-Pitch 2) Establish Timing and Launch Position 3) Proper Hand Path and Finding the Contact Point 4) Full Extension and Finishing Your Hit Learn How To Have Quality At-Bats and a Winner's Mindset Take advantage today and order for 2.99!

Book Information

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Customer Reviews

This book was concise but hit all of the major aspects of developing the mindset and mechanics needed to consistently have quality at bats and hit line drives to all fields. The price point was excellent and exceeded my expectations.

Great teaching of fundamental hitting for the beginner up to the advanced hitter. Easy to follow instructions. Great for players and coaches.

Decent read. Nothing new and informative for an experienced coach; for the newer coach, however, it will serve as a nice foundation for an education on hitting.

I enjoyed the 30 minutes that it took to read this book. Some good points to bring up to my players. Certainly worth the time.

Excellent write up of the process of just hitting. Hopefully, another book showing necessary drills will be following. Can't wait.

I was struggling with my hitting and a friend of mine referred me to this book. I must say that the author has done an amazing job breaking down the art of batting. Since reading the book I have practiced the tips and pointers the author has made regularly and its helped improve my swing drastically. If you're looking to improve your swing or just want to increase your knowledge about hitting, you have got to give this book a read. You will not regret it!

This book offers some great insights to take a hitter's ability to the next level. The book is easy to follow, to-the-point, and offers technical improvements for both beginners and advanced ball players. My son enjoyed it just as much as I did and he is already implementing elements from the book into his swing!

Good Book, not long, and to the point. Really good if you don't know much about baseball and wanna coach you kid.

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